# **Handouts: Asking and Listening**



## My Frame

#### My Frame

Fill in the information below:

The things that influence me; and how I view the world.

# History/ancestral

Where does my family come from?

What I know about my family's history is ...

# **Family**

My family consists of:

My family lives in ...

I live in ...

My parents taught me that ...

## Religion

I practice ... (religion)

The key values this religion has taught me are ...

# Physical abilities

I have no restrictions.

This ... (condition ) restricts my ability to do certain activities.

# Age

#### **Values**

I believe that ...

My culture or cultures believe/s that ...

My parent's culture believes that ... But I believe ....

#### Gender

### Language

At home I speak ...

At school/in the workplace I speak ...

I speak ... to my friends.

#### **Education/Job**

Highest level of education:

I work as ...