

VALUES & MONEY

MODULE 1: OVERVIEW OF THE COURSE

HOW AM I DOING RIGHT NOW?

Is money a major source of stress, anxiety or conflict in my life right now? If so, why?

BIBLE VERSES

Psalm 50: 9-12

9 I have no need of a bull from your stall
or of goats from your pens,
10 for every animal of the forest is mine,
and the cattle on a thousand hills.

11 I know every bird in the mountains, and the insects in the fields are mine.

12 If I were hungry I would not tell you, for the world is mine, and all that is in it.



Deuteronomy 8:18

18 But remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today.

Matthew 25:21

21 "His master replied, 'Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Come and share your master's happiness!'

HEARTLINES

REFLECTION QUESTIONS

- Do I truly trust God to provide for my needs?

- What do money and possessions mean to me? Do I regard these things as a measure of success in my life? What other things constitute success in my life?

- Am I in some ways worshipping money?

- Which part of my money life and I am satisfied with? Dissatisfied?

- Does my partner/spouse share the same views on money as I do?

FINANCIAL HEALTH

Financial health exists when:

- The money coming in is greater than the money going out.
- All necessary expenses are paid for, saving and investment are possible, and giving to others is possible.
- Our financial position is sound, and enough money is available for realising our financial goals and meeting our financial obligations. This is achieved through proper planning and the efficient use of the money at our disposal.



Financial health has many foundations. There are five things we do around money in our lives: we earn it, we spend it, we save or invest, we borrow, and we give some of our money to others. Conducting each of these areas well, by making wise choices, based on good values and attitudes, helps us achieve financial health.